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Significant Aspects Of Client-Centered Therapy (Psychology Classics Book 2)



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Synopsis

Widely regarded as one of the most influential psychologists of all time, Carl Rogers was a towering figure within the humanistic movement towards person centered theory and non-directive psychotherapy. Originally published in 1946 his classic article Significant Aspects of Client-Centered Therapy is essential reading for anybody interested in psychotherapy and counseling. In this landmark publication Carl Rogers outlines the origins of client-centered therapy, the process of client-centered therapy, the discovery and capacity of the client and the client-centered nature of the therapeutic relationship.Bonus Content:Significant Aspects of Client-Centered Therapy builds upon some of Carl Rogers' previously published work. Among the most notable of these earlier articles were The Processes of Therapy and The Development of Insight in A Counseling Relationship; both of which are also presented in full.Significant Aspects of Client-Centered Therapy (Kindle Edition) forms part of an initiative to make important, insightful and engaging psychology publications widely available.www.all-about-psychology.com

Book Information

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Customer Reviews

The work of Carl Rogers continues to influence modern psychology. This book, while brief, captures the spirit of client-centered therapy. Highly recommended for students, clients, and anyone interested in truly connecting with others.

I highly recommend the significant aspects of the client-centered therapy to all who are interested in non-directive counseling, which the counselor reflects in an understanding way the attitudes and feelings expressed by the client. The book discusses the essential conditions for therapy to be effective.

While trying to explore what theory fits better my conceptualization of clients, this book has helped me to discover why it seems hard to me to be completely a person centered therapist. I have come to the conclusion that my professional growth is not there yet to have the discipline of using unconditional positive regard with myself and others. Looking forward to achieving that growth soon!

To the creator of this electronic edition: If you're going to charge people money for a digitized version of essays that are free and in the public domain, please meticulously review and edit for OCR errors and ensure proper TTS support. I am visually impaired and buy electronic editions so I can benefit from large fonts, inverted colors, and speech. The slightly broken speech support for this edition as heard with the iPad Kindle app interfered with my listening.

Recommended for anyone interested in PCT. Good foundational reading for anyone interested in applying non-directive therapy approaches into their practice.

A great read for a beginning masters student. Rogers excitement of his new discovery is a page turner. I would recommend this works to any pre grad masters student with a specialty on clinical counseling.

To the writer, you have given me such validation, so necessary at this point in my life. And to reader, this is going to change your thinking.

The only detraction from this work is the methodology, about which many students and writers, including myself, have felt obliged to be critical. The topic "is" client-centered therapy. As with all of his books, that's it. But he is very insightful on this subject.

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